



**COLUMBUS  
CITY SCHOOLS**

# Building PE/Health Skills

K-12 Physical Education and Health PD - January 21, 2025

South HS - PDS #71668

## Physical Education



&

## Health



The Ohio Association for Health,  
Physical Education, Recreation, and Dance

In partnership with:



**NATIONWIDE  
CHILDREN'S**

*When your child needs a hospital, everything ma*

**EVERFI**

**Register in PDS:**

**Course #71668**

**by Jan. 21st**

**Or Scan this  
code**



**Location:**

**South HS**

**PD Contact:**

**Kristen Schreiber,  
PE/Health  
Coordinator**

### Schedule at a Glance

8:00-8:15am

Sign-In; PE and Health K-12 (South HS)

8:30-11:30am

Morning Sessions

11:30am-12:30pm

Lunch

12:30-3:15pm

Afternoon Sessions

3:15-3:30pm

Exit Ticket & Sign Out

# Elementary Physical Education

**Driving your own Teaching (South HS, Cafeteria)**

**K-12 Physical Education Educators - 8:30am-11:30am**

*Phillip Ward, OSU*



Session focus on teachers personal goals for their own teaching and direct them through strategies that will help them implement these changes.

**Quaver Pilot Teachers Only (South HS, ?)**

**K-5th PE Pilot Teachers ONLY - 12:45-2:45pm**

*Quaver*



This program is an overview of LGBTQI Definitions, Pronouns, and will help provide information to promote inclusivity in physical education.

**OAHPERD Review (South HS, Gym)**

**K-12 PE 12:45-1:45pm**

*Kristen Schreiber, CCS*

This session will focus on things learned from the OAHPERD convention.

**IPDP Work Session & Year at a Glance Collaboration (South HS, Cafeteria)**

**K-12th Physical Education Educators -1:45-3:15pm**

*Kristen Schreiber, CCS*



This session is designed to help educators develop their IPDPs for license renewal and time for educators to collaborate and work on their Year at a Glance.

**Best Practices - Year at a Glance (South HS, Cafeteria)**

**K-12 PE and Health Educators - 12:30-3:15pm**



Continue to collaborate together on the Semester/Year at a Glance. Complete Unit Plans and Hyperlink to the Semester/Year at a Glance Document.

## Secondary Physical Education

**Driving your own Teaching (South HS, Cafeteria)**

**K-12 Physical Education Educators - 8:30am-11:30am**

*Phillip Ward, OSU*



Session focus on teachers personal goals for their own teaching and direct them through strategies that will help them implement these changes.

**OAHPERD Review (South HS, Gym)**

**K-12 PE 12:45-1:45pm**

*Kristen Schreiber, CCS*

This session will focus on things learned from the OAHPERD convention.

**IPDP Work Session & Year at a Glance Collaboration (South HS, Cafeteria)**

**K-12th Physical Education Educators -1:45-3:15pm**

*Kristen Schreiber, CCS*



This session is designed to help educators develop their IPDPs for license renewal and time for educators to collaborate and work on their Year at a Glance.

**Best Practices - Semester at a Glance (South HS, Cafeteria)**

**K-12 PE and Health Educators - 12:30-3:15pm**



Continue to collaborate together on the Semester/Year at a Glance. Complete Unit Plans and Hyperlink to the Semester/Year at a Glance Document.

## Health Education

**Driving your own Teaching (South HS, Cafeteria)**

**K-12 Health Educators - 8:30am-11:30am**

*Phillip Ward, OSU*



Session focus on teachers personal goals for their own teaching and direct them through strategies that will help them implement these changes.

**AI in Health Education - Friend or Foe? (South HS, Room #207)**

**Health Educators 12:45-1:45pm**

*Sarah Saxby, NCH*



The NCH session will give a brief overview of the use and abuse of AI in Health Education; how teachers and students can learn to benefit from it and use it to their advantage.

**Prescription Drug Safety (South HS, Room #207)**

**ALL Health Educators 1:45-2:45pm**

*EverFI*



This session will focus to prep for National Drug and Alcohol Facts Awareness Week in March.

**IPDP Work Session & Year at a Glance Collaboration (South HS, Cafeteria)**

**K-12th Physical Education & Health Educators -1:45-3:15pm**

*Kristen Schreiber, CCS*



This session is designed to help educators develop their IPDPs for license renewal and time for educators to collaborate and work on their Semester at a Glance.

**Best Practices - Semester at a Glance (South HS, Cafeteria)**

**K-12 PE and Health Educators - 12:30-3:15pm**



Continue to collaborate together on the Semester/Year at a Glance. Complete Unit Plans and Hyperlink to the Semester/Year at a Glance Document.